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FOREST
PARK
GOLF
COURSE

USGA

ADAPTIVE GOLF ENHANCEMENT WORKSHOP



1.5 CEUs approved for
Recreational Therapists

PGA Members can earn
up to 10 education PDRs

ABOUT THE PROGRAM

We encourage PGA & LPGA Professionals, licensed Physical, Occupational, Recreation Therapists AND the local community of amateur golfers, men's/ladies association members, adaptive participants passionate of the game, to join us and learn best practices in coaching individuals with a variety of physical, cognitive and sensory challenges. Acquire the skills to help youth, adults, Veterans, accelerate their recovery, enjoy the game and enhance their lives in many ways.

PARTICIPANT EXPECTATIONS

Participants should anticipate volunteer involvement with the UM Rehab Annual Adaptive Golf Clinic and/or Adaptive Golf League following course completion and are asked to obtain manager approval prior to registering for workshop to confirm sufficient schedule flexibility to meet clinic and/or league commitments.

Annual Adapted Golf 2026 Season Details

- **Annual UM Rehab Adaptive Golf Clinic:** 4-week onsite clinic on Thursdays 9-11 AM; runs April 30th through May 21st
- **Annual Adaptive Golf League:** 5-weeks on Thursday evenings at Forest Park Golf Course; runs May 28th- June 25th; 6:30 pm start

**LAST DAY TO REGISTER:
3/25/26 BY 4PM**

CLICK OR SCAN TO
REGISTER & SECURE
YOUR SPOT NOW!



REGISTRATION FEE: \$50
NO FEE FOR GOLF PROS, UM REHAB TEAM MEMBERS, &
COMMUNITY GOLF PARTICIPANTS

AGENDA

FRIDAY, MARCH 27TH

- 8:30 AM – 12:30 PM Indoor Presentation
- 12:30 PM - 1pm Lunch provided
- 1-2:30 pm Indoor Presentation
- 2:30 PM - 4:30 PM Outdoor Self-Adaptation/Training

SATURDAY, MARCH 28TH - FREE COMMUNITY CLINIC

- 8:30 AM- 9:30 AM Clinical stations/ Registration set-up
- 9:45 AM - 12 PM Community Clinic Welcome & Start



Forest Park Golf Course
2900 Hillsdale Road
Baltimore, MD 21207

LEARNING OUTCOMES

Participants will:

- Understand adaptive golf principles and inclusive coaching strategies
- Learn to select and utilize adaptive and SNAG golf equipment
- Gain confidence setting up and running an adaptive golf clinic
- Apply hands-on coaching skills with adaptive golfers
- Support lifelong participation, independence, and recreation through golf
- Learn how to approach an individual's circumstance using safe, effective techniques and adaptive equipment, then perform self adaptations over different scenarios, acquiring a new level of comfort and confidence to coach those with any challenge

QUESTIONS?

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